

DAILY TIMETABLE FOR HOME-LEARNING YEAR 1- week beginning 16/11/20

Complete work in **homework books** or on sheets where specified (if able to print or collect from school office), then upload photos to assignments in Teams.

If you finish the work assigned, then you could try additional activities, such as phonics play or oxford owl, also see last week's overview for more ideas:

<https://www.oxfordowl.co.uk/for-pupils/pupil-home>

Username: lincoln1

Password: password



<https://www.phonicsplay.co.uk/resources/>

Username: lssta

Password: york12

Monday

Phonics	<p>Those who find phonics tricky start by practising all the sounds on the 'Phase 2 and 3 sound mat' - found in 'Files> Class materials' then...</p> <p>ALL: Select your phase 2/3/4 (I am happy to advise if you message me) and have a go at 'Rocket rescue': https://www.phonicsplay.co.uk/resources/phase/2/rocket-rescue spell the words straight on the app or write in homework book.</p>
Morning 1	<p>CLASS ZOOM - to say hello and introduce our learning this week 😊 Join Zoom Meeting at 9.30</p> <p>English- Compound words... Compound words are essentially two words that go together to make one word: 1. Complete the sheet- children to look at each picture and say the compound word- <u>adult can write it on the line.</u> 2. Children to think of a sentence with one of the compound words. Write the sentence in their homework book. They can do more if there is time.</p>
Morning 2	<p>Maths Lesson - see additional booklet</p>
Afternoon 1	<p>Science 1: Firstly, go through the slides - answering and discussing the questions and learning about a balanced diet. Look at the food pyramid and learn about what you should eat a small amount of, what we should eat quite a bit of and what we should eat a lot of.</p>

	Complete worksheet 4A - cut and stick the pictures. If not able to print worksheet then instead draw or write foods you think for the 3 amounts: eat a lot of, eat quite a bit and eat a small amount. You will continue with this science tomorrow too 😊
Afternoon 2	Reading- your choice

Tuesday

Phonics/English Morning 1	<p>Option A (those who find phonics a bit tricky): j, v, x, z : https://www.phonicsplay.co.uk/resources/phase/3/grab-a-giggling-grapheme English- practise spelling with these on spelling shed and on phase 2 and 3 space race game: https://www.phonicsplay.co.uk/resources/phase/2/space-race</p> <p>Option B (most): practise reading polysyllabic and compound words in this book on phonics play: https://www.phonicsplay.co.uk/resources/phase/4/interactive-story-book English- spelling shed lesson- see pdf slides 'List 8 spelling'</p> <p><u>Don't worry so much about your child being able to define 'compound' or 'syllables'</u> -I am happy for you to do the activity where the words go into different boxes <u>together</u> (or if this is not possible then they can skip this activity) ...Instead focus on if they can read and start to spell the words, they could cover up some of the word to help with the activities. Next have a go on spelling shed.</p>
Morning 2	Maths Lesson - see additional booklet
Afternoon 1	<p>Science- Think about how different foods help keep our bodies healthy.</p> <p>Complete worksheet 4B - using what you learnt yesterday, draw a healthy meal on the plate (or straight into your homework book) <i>Worksheets 4C and 4D (4D activity is to use healthy food to make a face then write about it) are optional extensions</i></p>
Afternoon 2	Reading- your choice

Wednesday

Phonics	Practise reading HFW on phonics play choose your phase: 2/3/4/5 (again I am happy to advise as to which phase if you message me) https://www.phonicsplay.co.uk/resources/phase/4/tricky-word-trucks Then practise spelling the tricky words you found difficult to spell last week.
Morning 1	<u>Supertato</u> L.O: To be able to answer questions about a story. To be able to draw and label a character. Pick a clip of a favourite Supertato story to watch: https://www.youtube.com/results?search_query=supertato+by+sue+hendra ra Questions- who are the characters? Who is the main character? Who is the baddy? Where is the story set? Who is the author of the story? Next watch the authors drawing the characters: http://www.worldbookday.com/videos/how-to-draw-supertato-by-sue-hendra-paul-linnet/ Watch the clip again, following along (pausing along the way if necessary), can you have a go at drawing Supertato (and the Evil Pea?) on your sheet? Then use the words to help label your drawing.
Morning 2	Maths Lesson - see additional booklet
Afternoon 1	PE- Joe Wicks fitness: https://www.youtube.com/watch?v=2X1p0Yd6WAo PE/PSHE: cosmic kids yoga https://www.youtube.com/watch?v=v9W8iV4AJYQ Or make up your own PE outside 😊
Afternoon 2	Reading- school book, oxford owl

Well done for all your hard work
with home learning this week!

See you tomorrow 😊

Compound Words Spelling Activity

1. Use the pictures below to make compound words.

earthquake

eyeball

popcorn

blackberry

basketball

butterfly

toothbrush

snowflake

fireplace

rainbow



+



=



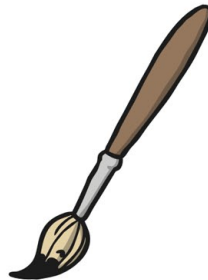
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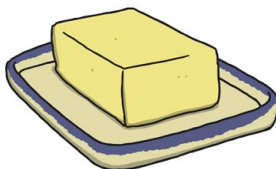
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2. Now write a sentence containing each of the other compound words from the word box. Don't forget capital letters and full stops!

All About Me

Today we will be...

Finding out how to eat a healthy and balanced diet.

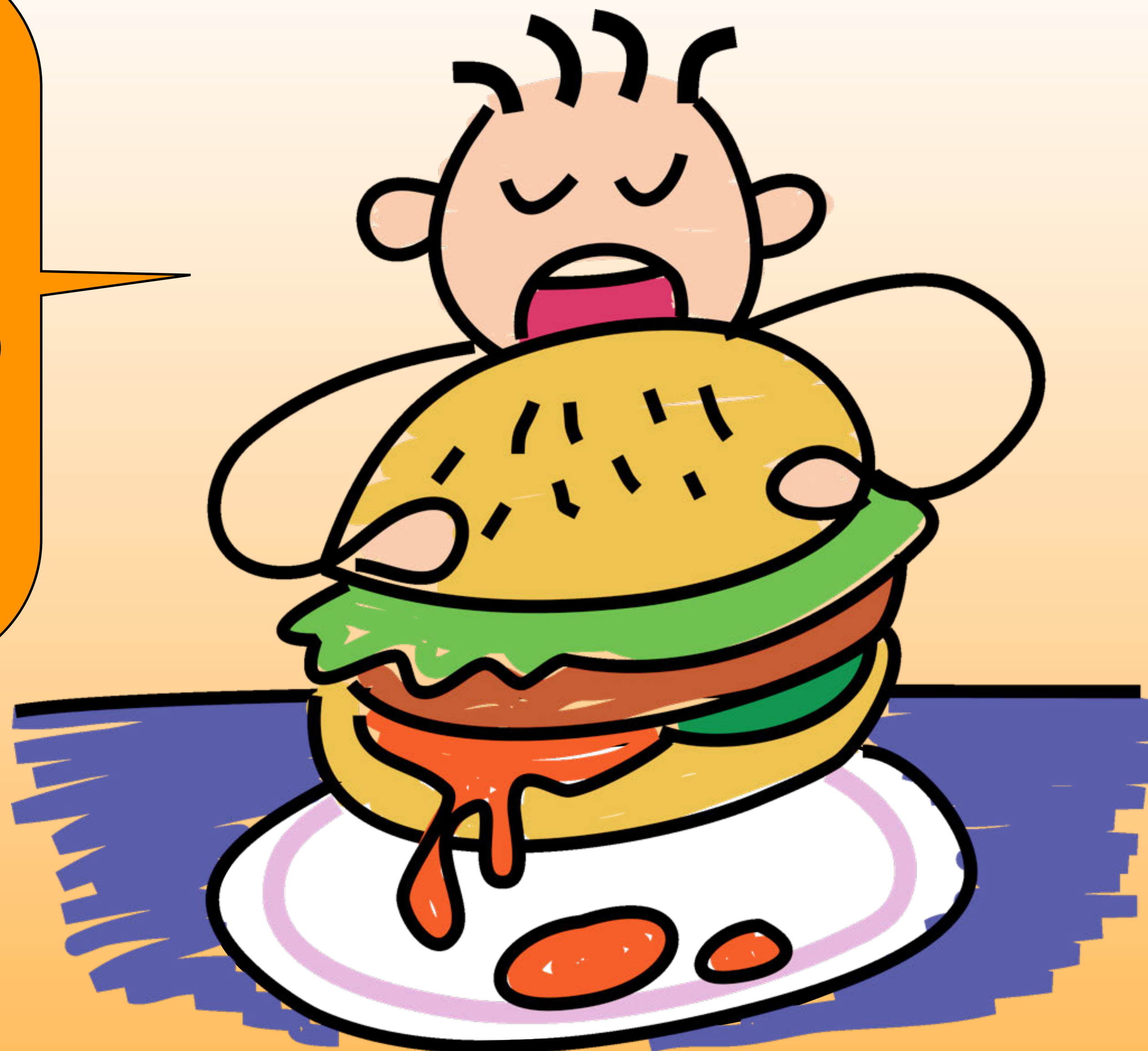


What is your
favourite
food?

BACK

NEXT

Why do you
we eat food?



BACK

NEXT

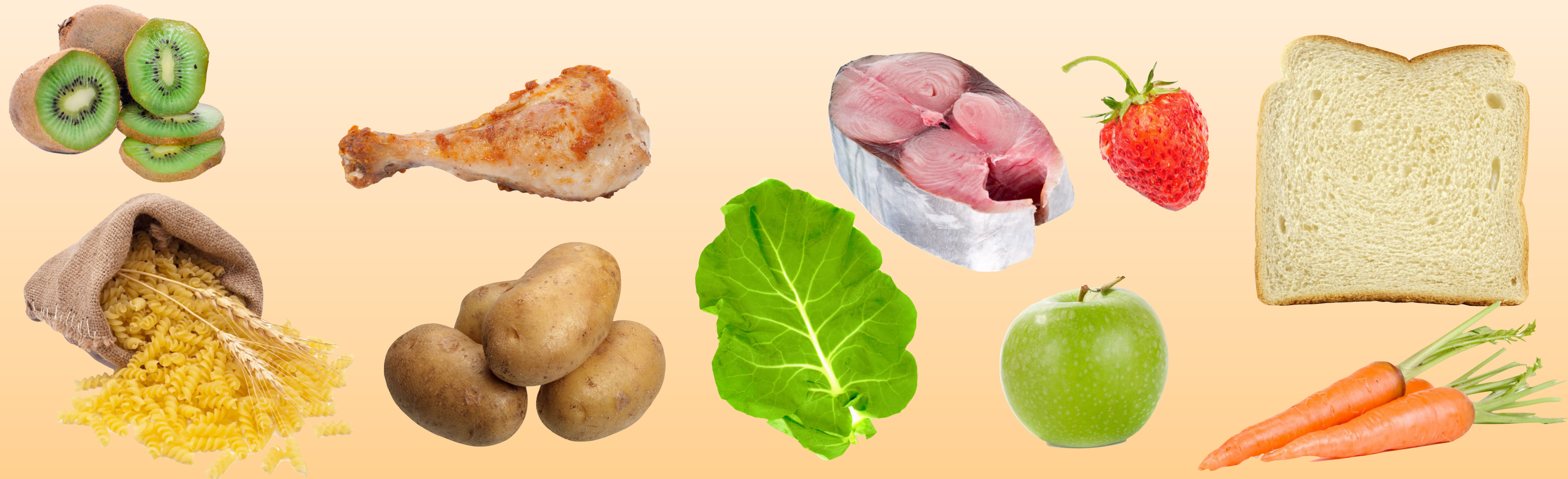
We eat food because we need it to stay alive. Food gives our bodies the energy it needs to move and to grow. Without food, we would not be able to walk, run, talk or even breathe. We also need food to keep our bodies healthy. Foods contain vitamins, minerals and other nutrients that keep our bodies working properly.



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Different types of foods are useful to our bodies for different things so it is important to eat a balance of various foods. We also need to make sure that we eat the right kinds of foods to keep us healthy.

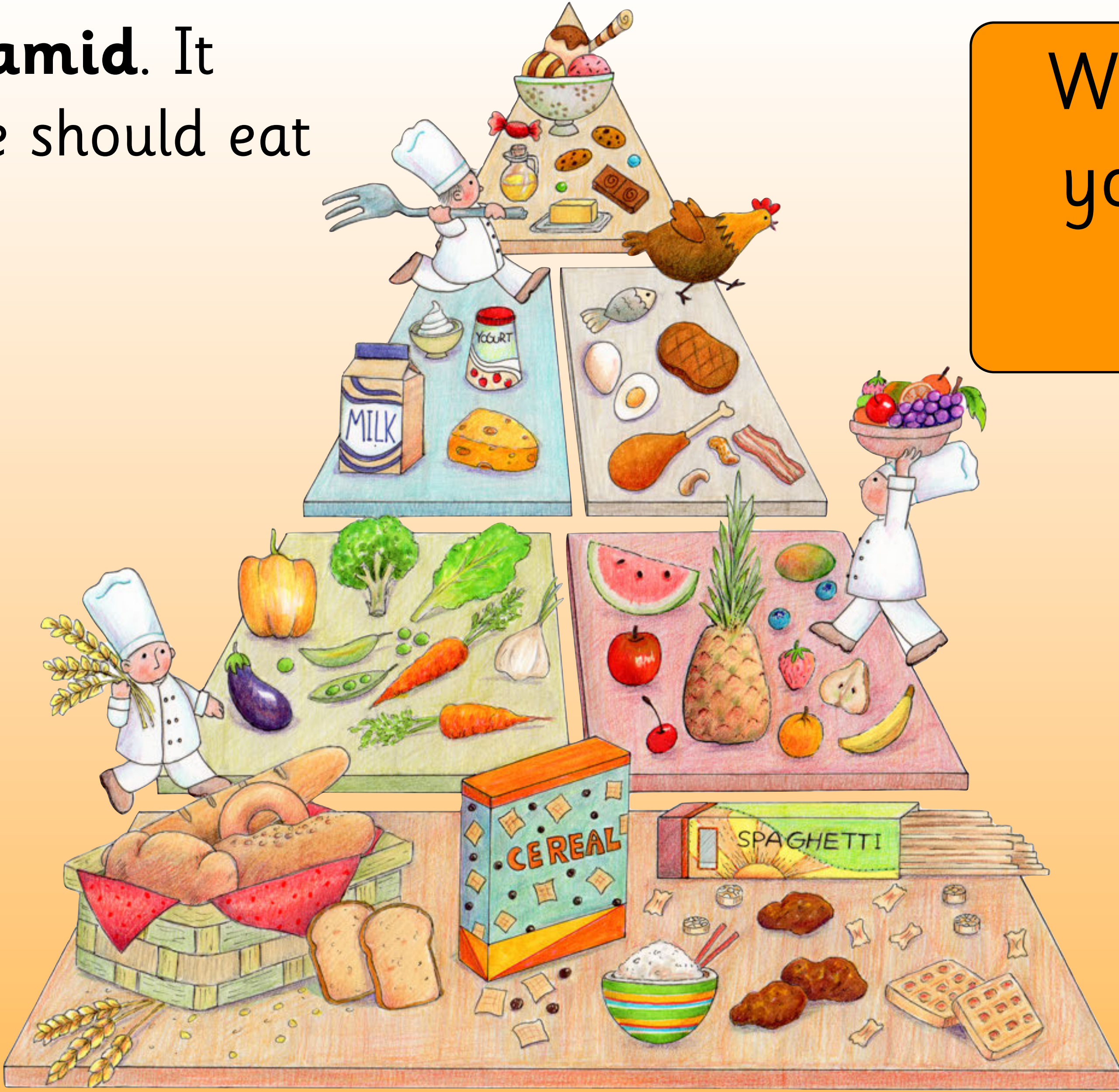


Foods are not all the same. If you only ate one type of food, such as apples or bread, you would soon become ill. You need to eat lots of different foods to get all the nutrients your body needs.

BACK

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This is a **food pyramid**. It shows the foods we should eat most of and the foods we should eat least of.

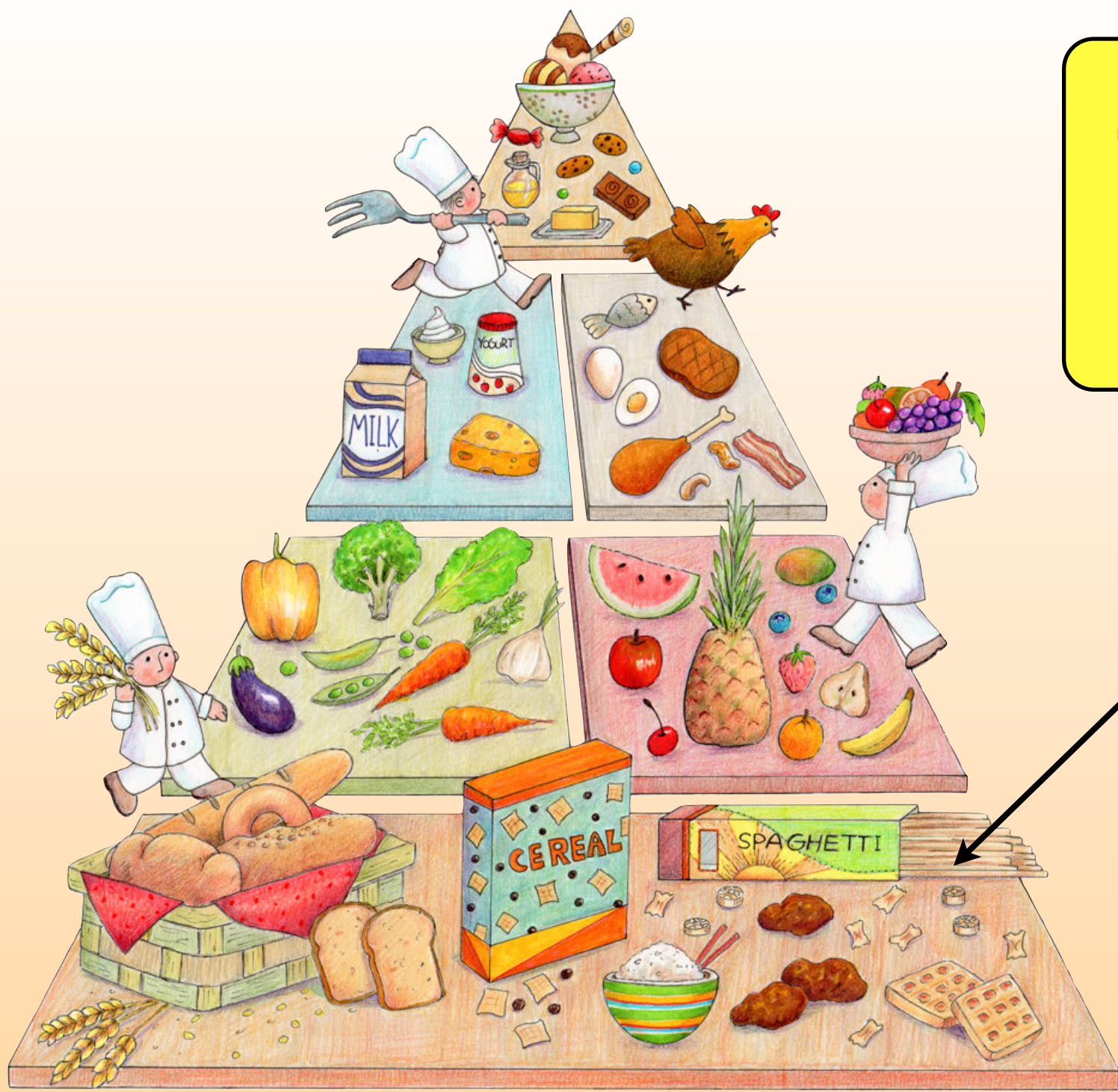


What foods can you see on this pyramid?



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These are the foods you should eat most of.

These foods are called **carbohydrates**. They give you lots of energy. You need to eat a lot of them to keep you going and to help keep you full.



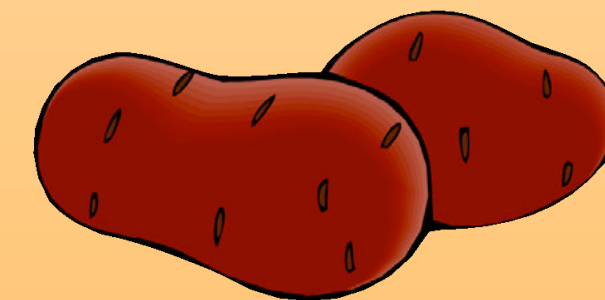
pasta



bread



cereal



potatoes



rice

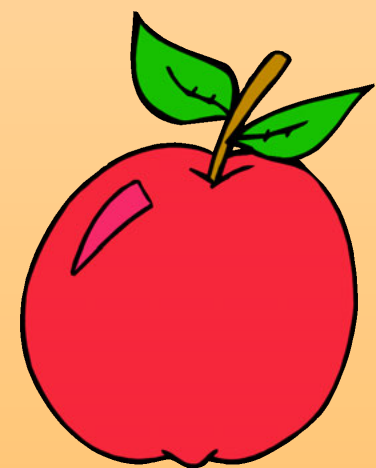
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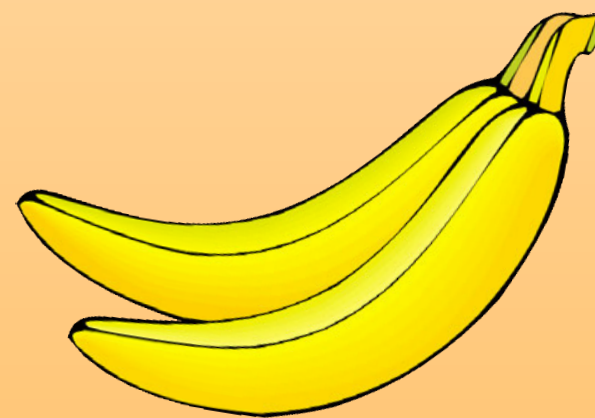
You need to eat almost as much of these foods.



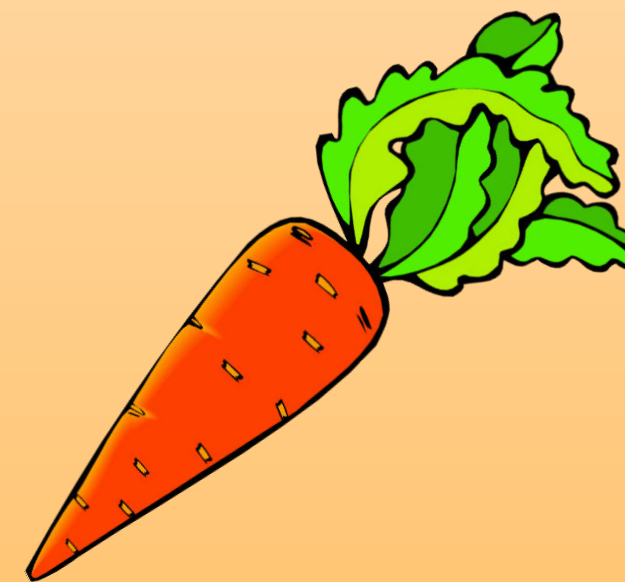
This group of foods contain **fruits** and **vegetables**. These are very important for keeping our bodies healthy as they contain lots of vitamins and minerals.



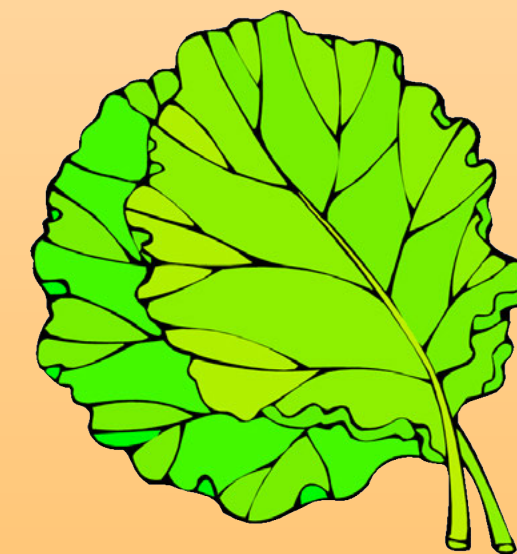
apple



banana



carrot



lettuce



onion

BACK

NEXT

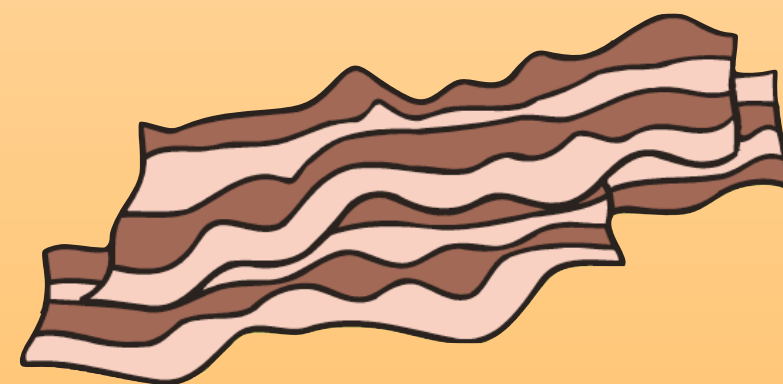
You need to eat a small amount of these foods.



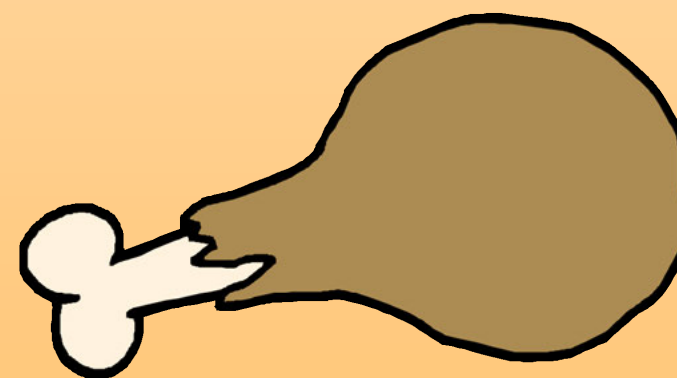
These foods are called **proteins**. They contain **dairy** foods, such as milk and cheese, as well as meat and eggs. Proteins are important for helping us grow well.



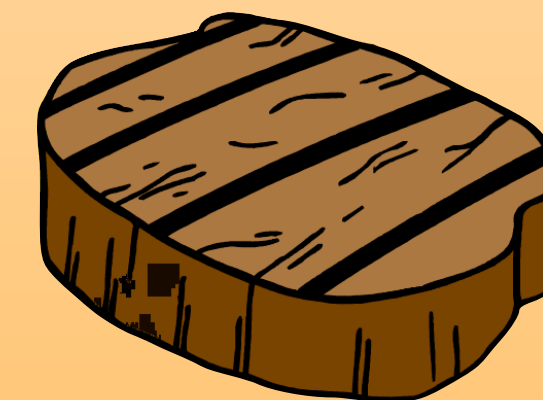
yogurt



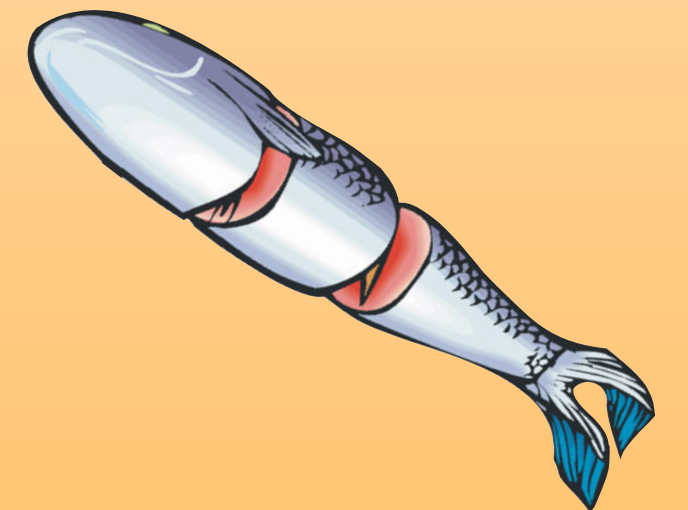
bacon



chicken



steak



fish

BACK

NEXT

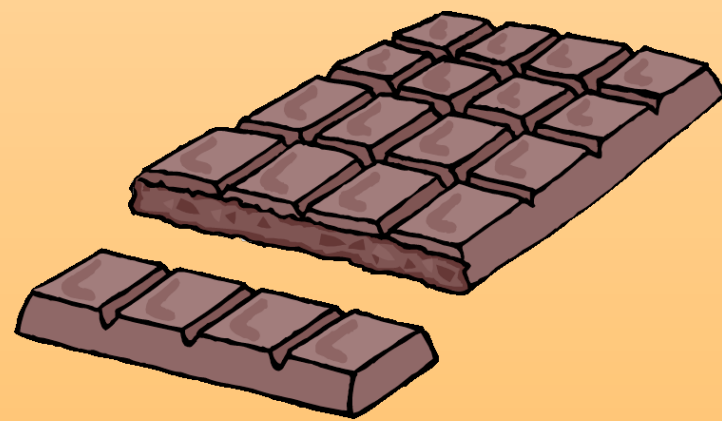
You should only eat a very small amount of these foods.



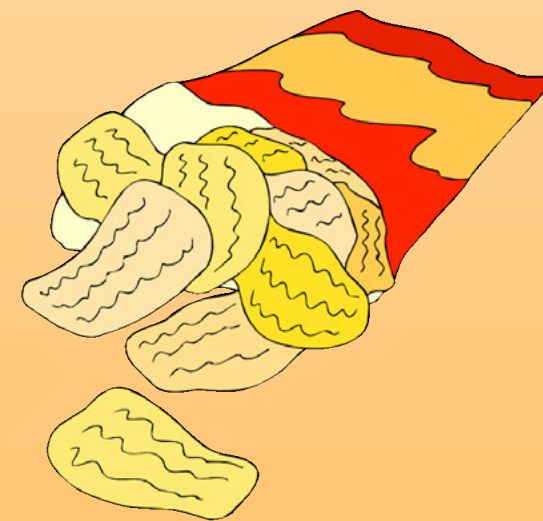
This group contains **fats** and **sugars**. These foods can be very bad for you if you eat too many of them so it is important only to eat them once in a while as a treat.



cake



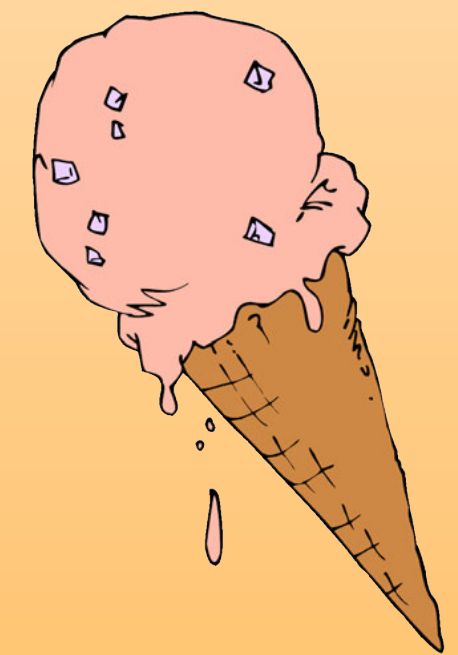
chocolate



crisps



sweets



ice-cream

BACK

NEXT

This plate shows how much of each type of food you should have on your plate.



BACK

NEXT

Have a look at the meals on the next slide. Which meal do you think is best for you and why?



BACK


NEXT

- Pasta with tomato, onion and mushroom sauce
- Yogurt with raspberries

- Chips with baked beans and ketchup
- Chocolate cake



Which of these meals is the healthiest?



Which of these meals would you most like to eat?

BACK

NEXT

Name: _____ Date: _____



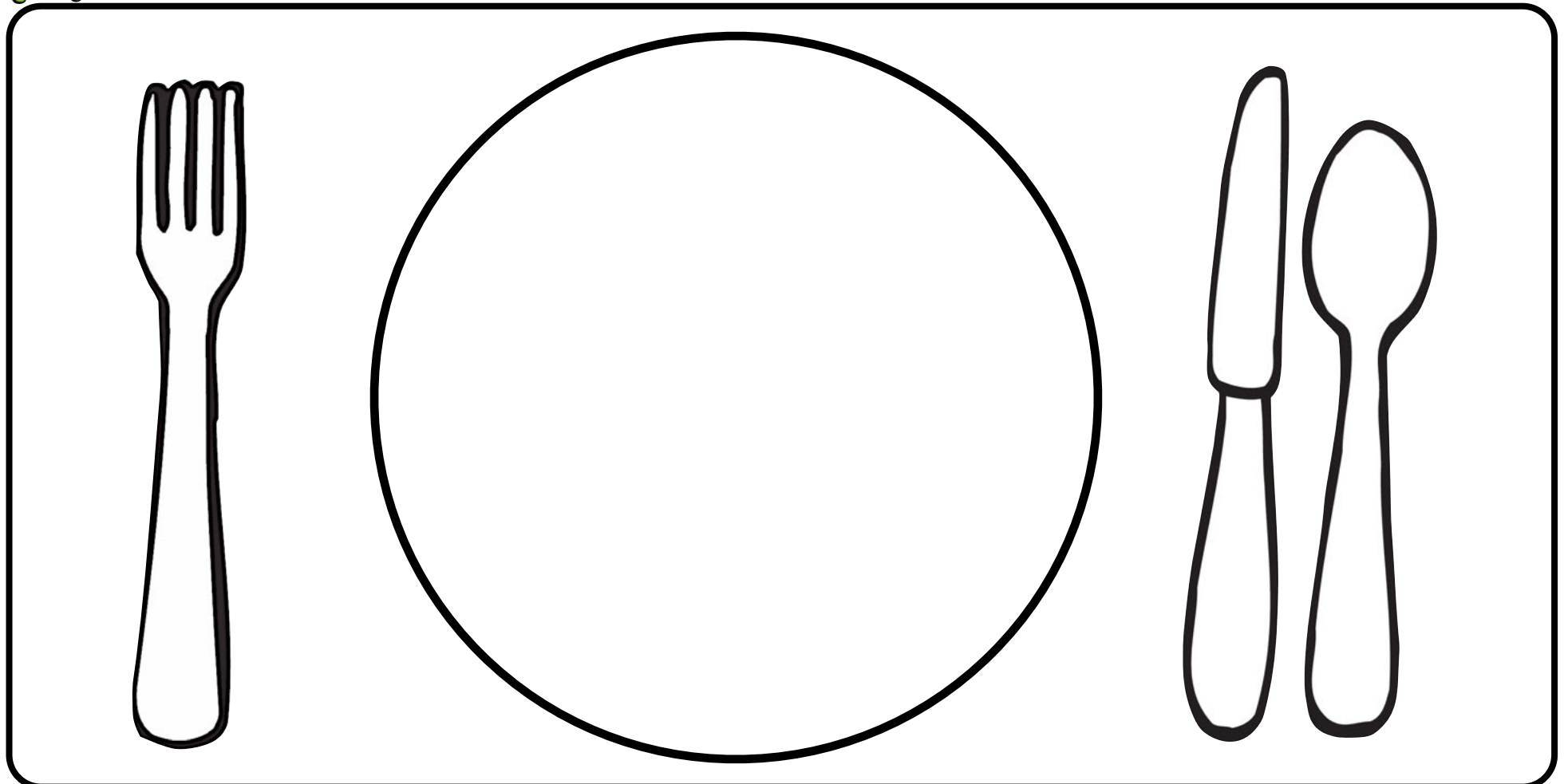
We have to eat some foods more than others to keep healthy. Cut out the pictures and stick them in the correct column.

We should eat lots of these foods	We should eat quite a bit of these foods	We should only eat a small amount of these foods
<div data-bbox="168 564 454 783"></div> <div data-bbox="483 564 770 783"></div>	<div data-bbox="808 564 1095 783"></div> <div data-bbox="1124 564 1411 783"></div>	<div data-bbox="1451 564 1738 783"></div> <div data-bbox="1767 564 2054 783"></div>
<div data-bbox="168 869 454 1088"></div> <div data-bbox="483 869 770 1088"></div>	<div data-bbox="808 869 1095 1088"></div> <div data-bbox="1124 869 1411 1088"></div>	<div data-bbox="1451 869 1738 1088"></div> <div data-bbox="1767 869 2054 1088"></div>
<div data-bbox="168 1174 454 1393"></div> <div data-bbox="483 1174 770 1393"></div>	<div data-bbox="808 1174 1095 1393"></div> <div data-bbox="1124 1174 1411 1393"></div>	<div data-bbox="1451 1174 1738 1393"></div> <div data-bbox="1767 1174 2054 1393"></div>

Name: _____ Date: _____



Draw a healthy meal on the plate and label the foods you have chosen. Don't forget to use lots of different foods.



Name: _____ Date: _____



It is important to eat the right foods to stay healthy. Can you plan a day's meals, making sure that each meal is good for you?

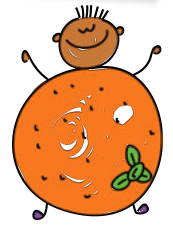
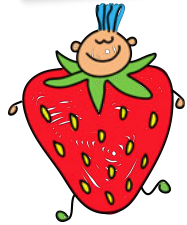
Breakfast

Lunch

Dinner

Snacks:

Name: _____ Date: _____




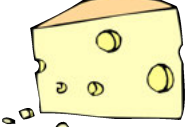


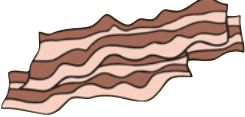






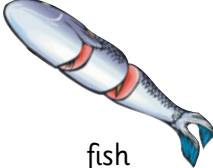






My Fruit and Vegetable Face!


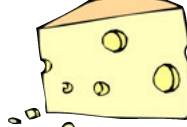
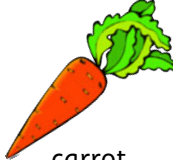

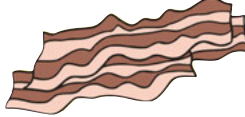






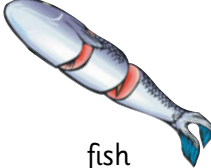






Stick a photo of your fruit and vegetable face here!

Which fruits did you use?

Which vegetables did you use?

Which of these fruits and vegetables do you like most and why?

 <p>bread</p>	 <p>cheese</p>	 <p>carrot</p>
 <p>cake</p>	 <p>bacon</p>	 <p>chocolate</p>
 <p>chicken</p>	 <p>apple</p>	 <p>pasta</p>
 <p>sweets</p>	 <p>ice-cream</p>	 <p>fish</p>
 <p>rice</p>	 <p>yogurt</p>	 <p>crisps</p>
 <p>beef</p>	 <p>biscuits</p>	 <p>onion</p>

 <p>bread</p>	 <p>cheese</p>	 <p>carrot</p>
 <p>cake</p>	 <p>bacon</p>	 <p>chocolate</p>
 <p>chicken</p>	 <p>apple</p>	 <p>pasta</p>
 <p>sweets</p>	 <p>ice-cream</p>	 <p>fish</p>
 <p>rice</p>	 <p>yogurt</p>	 <p>crisps</p>
 <p>beef</p>	 <p>biscuits</p>	 <p>onion</p>





Spelling Shed

Stage: 1

List: 8

Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words.



Stage: 1	Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words.
List: 8	

Spellings
pocket
rabbit
carrot
thunder
sunset
football
playground
farmyard
bedroom
blackberry

Introduction	Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words so this lesson is all about breaking words up into smaller parts. Using a clap or a musical instrument, beat out the syllables in this weeks words with the children.
Main Teaching Activity	Ask the children to cut out this weeks words, mix up and sort into words that can be broken into other words without changing the sounds (compound words), and those that can only be broken into syllables. A printable grid can be found at end of this lesson. N.B. Carrot cannot be split into 'car' and 'rot' because the pronunciation of 'car' changes.
Independent Activity	The children should work independently or in groups to colour the parts of their words to show the syllables. Answers are given but as pronunciation may vary by local dialect, please adjust this as necessary.

Sort the words by whether they are a compound word that can be split up to make other words (without changing any sounds) or can only be split into syllables.

carrot

football

rabbit

farmyard

thunder

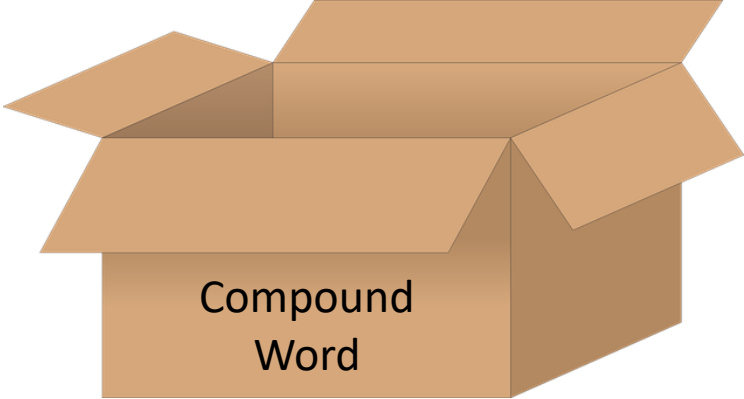
bedroom

pocket

sunset

playground

blackberry



Compound
Word



Syllables

Stage: 1	Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words.
List: 8	
Name:	

Spellings	1 st Attempt	2 nd Attempt	3 rd Attempt	4 th Attempt	5 th Attempt
pocket					
rabbit					
carrot					
thunder					
sunset					
football					
playground					
farmyard					
bedroom					
blackberry					

Stage: 1	Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words.
List: 8	



Spellings
pocket
rabbit
carrot
thunder
sunset
football
playground
farmyard
bedroom
blackberry

For each of your words can you mark the syllables with different colours?

carrot	football	rabbit	farmyard
bedroom	pocket	sunset	playground
thunder	blackberry		



Stage: 1	Words of more than one syllable often have an unstressed syllable in which the vowel sound is unclear. Sometimes words can be joined together to form compound words.
List: 8	Answers (adjust for local dialect if necessary)

Spellings
pocket
rabbit
carrot
thunder
sunset
football
playground
farmyard
bedroom
blackberry

For each of your words can you mark the syllables with different colours?

carrot	football	rabbit	farmyard
bedroom	pocket	sunset	playground
thunder	blackberry		

carrot	football	rabbit	farmyard	thunder
bedroom	pocket	sunset	playground	blackberry

Wednesday 18th November

L.O: To be able to answer questions about a story. To be able to draw and label a character.



Next write the labels for his body parts:

arm	feet	eyes
mask	cape	belt