

**PE Coverage 2025-26**

**Mr Stange CPD Megan (dance) swimming Bikeability**

Year 6		
1	Invasion games - Handball	Invasion games -Ultimate Frisbee
2	Invasion games – Hockey	Strength and conditioning Gymnastics
3	Strength and conditioning - Fitness	Strength and conditioning - Dance
4	Invasion games - Pop Lacross Adventurous – Hilltop	Net and wall – Volleyball
5	Net and wall – Tennis	Striking and fielding - Cricket
6	striking and fielding - Baseball	Athletics

Year 5		
1	Invasion games – Netball	Invasion games – Tchoukball
2	Invasion games – Football	Strength and conditioning Gymnastics
3	Net and wall – Badminton	Strength and conditioning – Fitness (mobility)
4	Outdoor adventurous – Orienteering	Strength and conditioning - Dance
5	Striking and fielding – Softball	Athletics Bikeability
6	Striking and fielding – Cricket	Net and Wall - Tennis

Year 4		
1	Striking and fielding – Tri-golf (4 weeks)	Swimming (2-week block)
2	Strength and conditioning - Gymnastics (apparatus and jump)	Invasion games (3 weeks each) football, Hockey
3	Strength and conditioning - Dance	Net and wall – (3 weeks each) volleyball, badminton
4	Invasion games (2 weeks each) netball, handball, basketball	Outdoor adventurous – orienteering
5	Athletics	Striking and fielding - softball, baseball
6	Striking and fielding (cricket skills)	Net and wall – tennis

Year 3		
1	Strength and conditioning - Dance	Throwing and catching
2	Net and wall – volleyball	Invasion skills (attackers and defenders)
3	Team game – dodgeball	Strength and condition - Gymnastics
4	Net and wall – tennis	Invasion skills (attackers and defenders)
5	Team game – Kabaddi	Striking and fielding – tri-golf
6	Athletics	Striking and fielding skills – cricket, kick-rounders, baseball, softball

Year 2		
1	Sending and receiving without equipment - Throwing and catching	Gymnastics - Balance and rolls
2	Gymnastics – apparatus and jump	Team games – winning and losing - dodgeball
3	Sending and receiving with equipment	Team game – handball
4	Dance	Team game – hockey
5	Athletics – running, throwing and jumping	Striking and fielding individual skills
6	Athletics – running, throwing and jumping	Striking and fielding games- cricket and rounder

Year 1		
1	Gymnastics - Balance and rolls	Multi-skills
2	Dance	Sending and receiving without equipment - Throwing and catching
3	Sending and receiving with equipment	Team games – without equipment (tag games focus on running, space)
4	Gymnastics – apparatus and jump	Team game – football, netball, basketball
5	Athletics – running, throwing and jumping	Striking and fielding individual skills
6	Athletics – running, throwing and jumping	Striking and fielding games- cricket and rounder

Mr Strange	
After school clubs	Term 1 and 2 Football (Year 5 and 6) Term 3 and 4 Multisport (Year 3 and 4) Term 5 and 6 Cricket (Year 5 and 6)
Lunch club	Term 1 and 2 Girls' football (5 and 6) Term 3 and 4 Competition practice Term 5 and 6 Competition practice
Session 4 Wednesday	Term 1 and 2 Competition practice Term 3 and 4 Intervention with EYFS, Year 6, year 3 Term 5 and 6 Intervention with Year 1, Year 2, Year 5



*'Love one another, as I have loved you' John 13:34 '*

EYFS	
1	Agility, balance and coordination
2	Agility, balance and coordination through Dance
3	Multi-skills
4	Running and jumping
5	Athletics
6	Sending and receiving