

Foundation Stage Curriculum Outline 'Growing and Changing' Spring Term (2) 2026

Communication & Language/Literacy (CLL)

As part of our 'Growing and Changing' topic, we will be reading a selection of stories and non-fiction texts based around changes in humans, our lives and in nature. In phonics, we will be focusing on blending and segmenting words orally, and in writing, as well as reading longer words and tricky words. We will also be thinking about our handwriting and how to form letters correctly. We will have many opportunities to talk and express ourselves verbally, thinking about speaking clearly and using the new vocabulary that we have learned from the texts that we have shared together. We will also work on asking and answering more complex questions.



Mathematics

In Mathematics we will be developing our skills when counting objects accurately and recognising the numbers up to 10, including zero. We will continue to explore basic addition and subtraction, thinking about how to record our calculations using mathematical symbols. There will be a focus on number bonds to 10 as well as forming numbers correctly when writing them. Our 'KIRFS' will be partitioning numbers up to and including 5.



Understanding the World (UW)

We will be looking closely at life cycles of butterflies and runner beans as well as thinking about the stages of human development from baby to adult. There will also be a focus on healthy eating and how important it is to care for our teeth. We will be thinking about life 'now' and in the more recent past and exploring which things have changed and which have stayed the same. We will be looking at changes to materials when we make our own pancakes!

Personal, Social and Emotional Development (PSED/Jigsaw)

This term we will be focusing on the theme of 'Healthy Me'. We will be thinking about what keeps us our bodies in tip-top condition and discussing healthy eating, exercise and looking after our teeth. We will explore the benefits of getting a good night's sleep and what our bodies need to grow healthy and strong. We will also think about the importance of hygiene, especially hand washing, and how to stay safe if a stranger approaches us.

Physical Development and P.E

P.E will be taught on a Thursday morning. This half term, the children will be working on the theme of running and jumping, developing their stamina and co-ordination. Our P.E. sessions will take place indoors in the hall. There will also be a range of activities on offer each day to develop gross motor skills (e.g. large building blocks, obstacle courses) and fine motor skills (e.g. cutting, Lego).



It essential that your child comes to school in their P.E. kit on a THURSDAY.

PLEASE ensure that all items are named!

Religious Education (R.E.)

In R.E. we will be thinking about the question 'What is Easter?', thinking about the Easter story and why it is significant to Christians. We will visit our local church for an Easter service enabling us to see how Christians celebrate Easter and the Easter symbols within the church. We will develop the use of our classroom reflection area and continue to write our own prayers. There will be opportunities for Collective Worship and choral worship in the hall led by Mr Baker, Rev Al, the collective worship council and other teachers. Our theme for the term is **JUSTICE**.



Expressive Arts & Design (EAD)



There will be many opportunities for painting, drawing, model making and role-play throughout this term! We will be creating posters, collages, models and paintings as well as appreciating the illustrations of Eric Carle. Our role play area will be a baby clinic where we will think about being healthy and caring for others. Each week we will take part in a music lesson where we will explore our voices and play a selection of musical instruments.

We will continue to send home reading books and phonics activities for you to share with your child. Please spend a few moments each day looking at them. Little and often makes all of the difference to your child's learning! New reading books will be sent home each Tuesday. Please don't forget to record the reading in the reading diary so that we know books need changing. Thank you for your help and support during Term Three. This term is planned to be filled with exciting learning! We can't wait to see where our new topic will lead us...

Mrs Moseley and Mrs Berry February 2026

